Official symbols of my country

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plan

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food

- Kibbeh. Lebanon's National Dish is calling your name, tempting you to crunch into its crazy delicious fried exterior to let those sautéed pine nuts and spicy minced meat waken up your tongue
- The kafta is a happy little lamb, beef or chicken meatball, filled with onion, parsley, breadcrumbs and spices. These guys are barbecued on skewers or served in a gravy. <u>Saveur</u> have a lamb recipe to get you started.
- Carrot sticks taste so much better with a huge scoop of hummus on the end! This chickpea, garlic and tahini blenc of happiness is perfect for nibbles before dinner. Suzy at <u>The Mediterranean Dish</u> shows you step-by-step how to make delicious hummus.







Cedar of lebanon

• The **Cedar of Lebanon** is regarded as one of the most famous trees in the world. Its discernible shape, historical significance, and status as Lebanon's national emblem make it a compelling tree with a rich lore.



Animals

- The **striped hyena (Hyaena hyaena)** is Lebanon's national animal.
- A mounted hyena in a hunter's shop in Aley, on Mount Lebanon, a five-minute drive from Animal Encounters, where Stripey lives.
- Hyenas often are shot on sight or hunted for sport, although both activities are illegal in Lebanon.



sport

- So today we can say that national sport of Lebanon is **Basketball**, whereas **Football** and volleyball are still played in tournaments .
- Jogging is a popular sport, especially in the capital along the <u>Corniche Beirut</u>, in the <u>Horsh Beirut</u> and the Shoreline Walk in <u>Beirut Central District</u>. Outside Beirut, jogging is practiced at the Marina Joseph Khoury in <u>Dbayeh</u> and along the corniches of <u>Tripoli</u>, <u>Tyre</u> and <u>Sidon</u>.



flower

• Cyclamen libanoticum (Lebanon cyclamen) is a species of flowering plant in the family Primulaceae. It is native to a small area in the mountains of Lebanon northeast of Beirut at 750–1,400 m (2,460–4,590 ft) elevation. ... This fertile hybrid has pink flowers from November till March.

