

Project on the theme: "My sports idol."

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Introduction.

- **Purpose:**

- ▶ to tell the biography of my sports idol;
- ▶ tell about achievements;
- ▶ to interest others in the sport in which my sports idol has achieved achievements;

- **Objective:**

- ▶ to achieve universal respect for this athlete.

Nurmagomedov Khabib



Russian mixed martial arts fighter under the auspices of the UFC. Reigning UFC Lightweight Champion.

Biography.

Nurmagomedov Khabib Abdulmanapovich was born in 1988 in the village of Sildi in the Tsumadinsky region of Dagestan. Avar by nationality. Since childhood, he trained under the guidance of his father, Abdulmanap Nurmagomedov. During his stay in the United States, trains in the AKA (American Kickboxing Academy) gym under

the direction of Javier Mendes. On October 12, 2018, Nurmagomedov was awarded the title of Honorary Citizen of Grozny and was presented with a car. On November 6, 2018, Khabib received an award - the Order of Merit to the Republic of Dagestan.

On December 5, 2019, the Head of Dagestan Vladimir Vasiliev presented the Order of Merit to the Republic of Dagestan for the second time to Khabib Nurmagomedov. On June 25, 2020

Khabib Nurmagomedov topped the Forbes rating of

«The Most Successful Russians Under 40».



Titles and achievements.

Mixed martial arts.

- Ultimate Fighting Championship
 - UFC Lightweight Champion (once, reigning)
 - Two successful title defenses
 - Performance of the Night Award Winner (twice) against Edson Barboza, Dustin Poirier
 - Record holder for takedowns in a single fight (21 takedowns, 27 tries, 3 rounds) versus Abel Trujillo
- M-1 Global
 - M-1 Challenge: 2009 Selections
- Atrium Cup
 - Pankration Atrium Cup 2008 tournament winner
- MMAInsider.net
 - 2014 "A fighter to watch"
- MMA Nuts.com
 - 2013 "Breakthrough of the Year"
- KingdomMMA.co.uk
 - 2013 "Breakthrough of the Year"
- Sherdog.com
 - 2013 "Breakthrough of the Year"

2016 "Beating of the Year" (v. Michael Johnson)

2016 "Comeback of the Year" [62]

▶ World MMA Awards

2016 International Fighter of the Year [63]

Sambo

▶ Combat Sambo Federation of Russia

2009 Russian Championship in Combat Sambo (-74 kg) 1

▶ International Combat Sambo Federation

2009 World Championship in Combat Sambo (-74 kg) 1

2010 World Championship in Combat Sambo (-82 kg) 1

Army hand-to-hand combat

▶ Russian Union of Martial Arts

European champion in army hand-to-hand fighting

Pankration

▶ Russian Federation of Pankration

European Pankration Champion

Grappling

▶ 'NAGA World Championship'

2012 Men's No-Gi Expert Welterweight Champion

2012 ADCC Rules No-Gi Expert Welterweight Champion

Mixed martial arts (also MMA - from the English. Mixed martial arts) - martial arts (often incorrectly called "fighting without rules"), which is a combination of many techniques, schools and areas of martial arts. MMA is a full contact fight with the use of striking techniques and wrestling both in a standing position (clinch) and on the floor (parterre). The term "Mixed Martial Arts" was coined in 1995 by Rick Blum, president of Battlecade, one of the earliest MMA organizations and has since found steady use in non-English speaking countries.

My attitude.

I believe that it is Khabib Nurmagomedov who deserves the greatest respect. He has achieved tremendous success in the field of sports, and has spent a lot of energy to become the best fighter. Thanks to his merits, millions of people know him. And I hope that after watching my presentation, people will want to know more about him and become interested in this athlete.

Conclusion.

So, I was able to talk about my sports idol and the kind of sport in which this athlete showed himself. I also expressed my personal attitude towards this athlete, and explained why exactly he should be considered my idol.

Thank you for attention.

