In today's world there is still no agreement about The problem of is very important nowadays

On the one hand, there are some advantages in To begin with, Firstly... - as a result Furthermore, Secondly Moreover, What is more, Thirdly Finally

On the other hand, there are also lots of disadvantages (minuses, negative points, downsides)

All in all ... may arouse mixed feelings In conclusion, in spite of some minuses there are more advantages in ... and every person decides for himself to or not. In every city and town there are many fast food restaurants and they are rather popular among the citizens.

In today's world there is still no agreement about eating fast food.

On the one hand, there are some advantages in visiting such restaurants as KFC and pizzerias.

Firstly ,you can be served very quickly - as a result you save a lot of time on more important things.

Secondly, the food is rather tasty. It cannot be denied that the majority of people like French fries, hamburgers and pizzas.

Finally, parents can organize some parties for kids there

for example a birthday or schoolleaving party, etc.

 the hall can be beautifully decorated with balloons, toys and ribbons. On the other hand, there are also lots of disadvantages.

To begin with, eating a lot of junk food you may become overweight very soon

and it is known that to lose weight is much more difficult than to gain it

Many people believe that it is not at all easy to keep to a diet.

Furthermore, the quality of food is often not very high,

consequently, you may have some health problems for example with the stomach or liver.

In conclusion, in spite of some pluses there are more disadvantages in eating in fast food restaurants and every person decides for himself to visit them or not.

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