



Fish and chips traditionally wrapped in white paper and newspaper



Roast beef is a dish of beef which is roasted in an oven



A **stew** (*pazy*) is a combination of solid food ingredients that have been cooked in liquid and served in the resultant gravy



Full English breakfast

A bowl of oat porridge



Porridge oats before cooking



English packed lunch





Sunday roast typically consists of roast beef, roast potatoes, other vegetables and mini Yorkshire puddings.



Yorkshire pudding



A Yorkshire pudding filled with mashed potato, beef, gravy and vegetables.