

A dark blue background featuring a faint, stylized world map. The map is centered and shows the outlines of continents. A white horizontal line runs across the middle of the image, with a small white downward-pointing triangle at its center.

国际教育学院

体检要求及注意事项

要求

根据山东省发布的疫情防控要求，所有进入保健中心办理业务的人员，在落实测温、验码等防疫措施的同时，必须查验**7天内核酸检测阴性证明**。

查验方式：一般通过查验山东健康码进行。

Please ensure you have got the Shandong Electronic Health Passcode before you make an appointment. When entering our health center, show your Green Health Code, your Travel Code, your nucleic acid negative testing report within 7 days to our inspector, and coordinate with the temperature measurement, please. Thanks for your cooperation.

各项业务办理的申请人应当确保对所提交材料及信息为合法、真实、有效，如提交材料及信息存在虚假，由此可能引发的一切后果及法律责任均由申请人承担。



要求

新生持X1入境后，必须尽快进行体检线上预约，以防止预约人数太多，无法按时体检。预约时请务必算好隔离时间，隔离期结束后尽快完成体检，取得体检报告后方可申请办理签证延期手续。

After entering the country with X1, freshmen must make online appointment for physical examination as soon as possible to prevent too many people from making the physical examination on time. Please be sure to calculate the quarantine time when making the appointment. After the quarantine period is over, complete the physical examination as soon as possible. Only after obtaining the medical examination report can you apply for visa extension.

注意事项

1. 因受理体检申请后需完成后续各个检查室的项目，故受理体检登记、咨询业务时间：星期一至星期五（国家法定节假日除外，调休按照国家统一规定），上午8点至11点，下午不办理体检业务。
地点：青岛市市南区福州南路85号。

Working Time: **Monday to Friday 8:00am-11:00am** (except for national statutory holidays).
No physical examination business shall be handled in the afternoon.

Location: 85 Fuzhou South Road, Southern District, Qingdao .

2. 体检前三天清淡饮食，前一天晚上十点以后以及体检当天早晨**禁饮食**；女性例假期间进行检查可能会出现尿常规项目异常，若非行程紧张，建议结束后再行检查。

Eat light food three days before the physical examination, and **do not eat or drink** after 10pm the previous day and in the morning of the physical examination day;
The routine urine test may be abnormal during the female's regular leave. If the schedule is not tight, it is recommended to check again after the end.

注意事项

3. 入境外籍和港澳台人员通常应准备的材料: 入境外籍人员请备护照原件, 港澳台人员请备通行证原件。另请自备①护照或通行证复印件, 有效签证的复印件, ②2吋彩色白底近期免冠照片3-4张, ③入学通知书(如果有, 请提供)。

Materials to be prepared: For inbound foreigners, please prepare the **original passport**, and for Hong Kong, Macao and Taiwan, please prepare the original passport. In addition, please bring ① **copies of passports or passes, copies of valid visas**, ② **3-4 recent bareheaded photos on a 2-inch color white background**, and ③ **admission notices (if any, please provide them)**.

4. 领取证书或者报告: 请按照《取证凭单》注明的时间和要求, 工作日下午前来领取有关证书或者报告。

Get the certificate or report: Please come to n of the working day according to the time and requirements get the relevant certificate or report in the afternoon specified in the Certificate Receipt.

5. 未成年人需要监护人陪同办理各项业务。

Minors need guardians to accompany them in handling various businesses.

注意事项

请您按照预约的时间，凭①运营商发送的手机短信，或②居民身份证，或③外籍人员的护照，或④港澳台人员的通行证，前来办理业务。短信中的顺序号只是您预约成功的标记。上午请按照预约的时间段提前15分钟到自助叫号机排队抽号，并按照叫号顺序办理；下午请到5号或者6号窗口排队办理。

Please come to handle the business according to the appointment time with ① the mobile phone text message sent by the operator, or ② the resident ID card, or ③ the passport of foreigners, or ④ the pass of Hong Kong, Macao and Taiwan personnel. The sequence number in the text message is just a sign that your appointment is successful. In the morning, please queue up at the self-service number calling machine 15 minutes in advance according to the reserved time slot, and apply in the order in which the numbers are called; in the afternoon, please queue up at the 5th or 6th window.

所有业务办理均需携带相关身份证件和近期免冠 2吋彩色白底照片；请严格按照预约界面的业务类型进行预约，现场受理以此为准，现场临时改变业务类型者，工作人员有权拒绝受理。

All business needs to carry relevant ID documents and a recent bareheaded 2-inch color white background photo; please make an appointment strictly according to the business type on the appointment interface, and the on-site acceptance shall prevail. If the business type is temporarily changed on the spot, the staff has the right to refuse to accept it. .



Physical Examination 体检



1.关注“青岛国际旅行卫生保健中心”微信公众号，预约体检。

Follow the WeChat official account of "Qingdao International Travel Health Care Center" and make an appointment for physical examination.



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