

TOPICS DISCUSSION

TIME and DATES



Student 'A'

- *Discuss the questions below with your partner.*
1. What is your favorite time of the day? Why?
 2. Which day of the week do you hate most? Why?
 3. Do you wear a wrist watch? Why? / Why not?
 4. Which month is the best month of the year? Why?
 5. What time do you usually get up in the mornings? Do you get enough sleep?
 6. How many days are there in a year?
 7. What do you like to do on weekends?
 8. What time do you usually eat lunch?
 9. When is your birthday? Are you going to have a birthday party?
 10. What time is it now?

HOMEWORK

Astronaut food

Most astronaut food is freeze-dried, which (0) it doesn't need to be kept in a fridge. The astronauts prepare their meals (1) adding hot water to the freeze-dried food. Astronauts (2) eat almost anything they like in space. There is (3) freeze-dried ice cream which doesn't need to be kept in a freezer.

The (4) of freeze-drying food was invented for space travel but is now used for everyday foods as well. Many breakfast cereals now (5) freeze-dried fruit like strawberries, for example.

Astronauts take fresh fruit and vegetables on their journeys into space but (6) a fridge most of these only (7) a few days. This is a problem for astronauts on long trips. But scientists believe that in future astronauts will be (8) to grow their own vegetables in space. Scientists (9) already successfully grown some plants in space (10) they know it is possible.



- | | | | | |
|----|--------------------|-------------------|--------------------|-------------------|
| 0 | A means | B explains | C results | D appears |
| 1 | A for | B by | C with | D on |
| 2 | A must | B should | C can | D could |
| 3 | A only | B just | C even | D besides |
| 4 | A way | B method | C reason | D aim |
| 5 | A consist | B get | C find | D contain |
| 6 | A regarding | B between | C without | D besides |
| 7 | A wait | B stay | C remain | D last |
| 8 | A good | B able | C available | D familiar |
| 9 | A have | B will | C do | D are |
| 10 | A if | B whenever | C until | D so |

Writing Part 2

You have planned a trip to the cinema with friends. You want to tell your friend Jon about your plan.

Write an email to Jon. In your email you should:

- invite Jon to come with you
- say which film you have chosen to see and why
- suggest a place and time to meet.

Write about 35–45 words.

👁 Look at this student's answer to the task above and some comments the teacher has written below. Write the email again, making the corrections the teacher has suggested.

1 Can you think of a better way to invite someone to do something?

2 You need to include some information about why you have chosen this film.

3 Can you think of a better way to 'make a suggestion'?

Hi, Jon

I'm going to the cinema with my friends tonight and I think that you might want to come with us. We are going to see The Incredibles. The movie starts at 7 so you can get there at 6.30. We are going to wait for you in the food area.

Andy

Match sentences 1–10 with the correct meaning a–d.

- 1 Students are required to wear trainers for sports activities.
- 2 Please throw all food rubbish in the green bin provided.
- 3 Warning: This water is unsafe to drink.
- 4 Each student is responsible for making sure the canteen is clean and tidy.
- 5 Students may bring a healthy snack to school.
- 6 It is forbidden to eat in the classroom.
- 7 No students are permitted to touch any cooking equipment.
- 8 Young people are advised to drink 500 ml of milk per day.
- 9 It isn't necessary for students to bring a cake to school on their birthday.
- 10 Students are allowed to use mobile phones during the lunch hour.


- a you can
- b you can't
- c you should/must
- d you don't have to (but you can)

2 Where would you see the information in the sentences in Exercise 1?

More than one answer may be possible.

- A on a classroom noticeboard
- B in an email to students/parents
- C in a kitchen
- D on a food label

Exam tip

It's important to understand who the information is for and why they may need it. 

3 Choose the correct modal verb in each message, label or notice below.

Then decide who each one is written for.

You *must* / *could* have the correct change for this machine.



- 1 This notice is for people who want
a to buy a drink.
b to know how to change some money.

You *may* / *could* only eat food bought at this café here.



- 2 This notice is for people who want
a to take food away.
b to sit down in the café.

You *should* / *may* follow the cooking instructions.

- 3 This information is for people who want
a to know which ingredients to buy.
b to make something to eat.

We *could* / *must* have a picnic, or if it isn't a nice day, what about going to Bunny's for a burger?

- 4 This email is for
a a friend.
b a teacher.

Example:

0

PASSENGERS PLEASE NOTE:
THERE IS A DELAY OF 10 MINUTES
ON TRAINS TO EXETER

- A** Trains to Exeter are all ten minutes late.
- B** The train journey to Exeter takes ten minutes.
- C** The next train to Exeter will arrive in ten minutes.

Answer:

0 A B C

1

To: all students
From: Mrs Long
All students are invited to attend the school's 100th anniversary celebration. Please inform your teacher if you can provide any refreshments for the occasion.

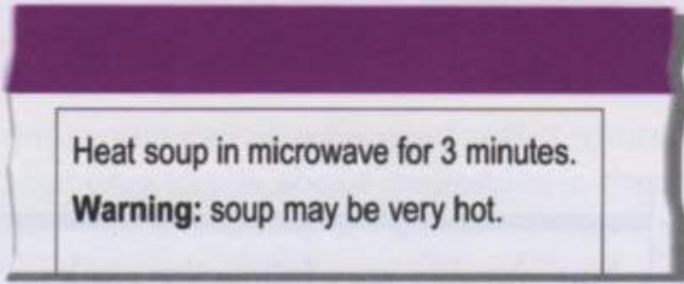
- A** Students should tell their teacher if they can attend the celebration.
- B** Mrs Long is informing students that refreshments will be provided at the celebration.
- C** The school is requesting students bring some food or drink to the celebration.

2

Heat soup in microwave for 3 minutes.
Warning: soup may be very hot.

- This label is advising people
- A** to make sure the soup is hot enough.
 - B** to avoid burning themselves.
 - C** to eat the soup cold if they wish.

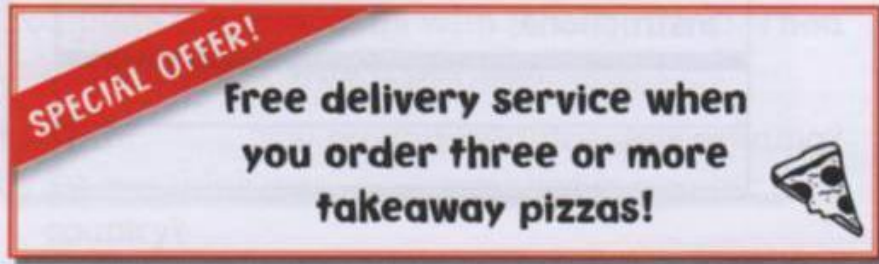
2



This label is advising people

- A to make sure the soup is hot enough.
- B to avoid burning themselves.
- C to eat the soup cold if they wish.

3



- A Customers get a free pizza if they buy more than three.
- B If you buy fewer than three pizzas, you have to pay for delivery.
- C This company has just started a delivery service.

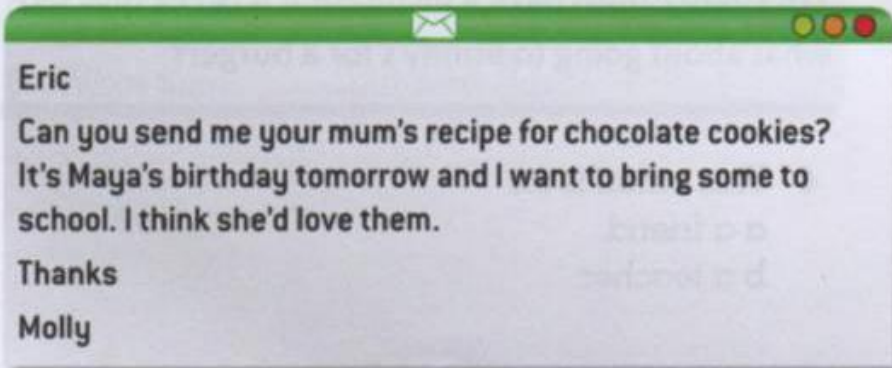
4



This notice is

- A encouraging students to make healthy choices.
- B warning students about their bad eating habits.
- C forbidding students to eat fried food.

5



Molly wants Eric

- A to ask his mum to make some cookies for Maya.
- B to say if he thinks Maya would like some cookies for her birthday.
- C to email instructions for his mother's cookies.

Should we eat less meat?


(0) the 1960s people have eaten more and more meat. One reason for the increase in the popularity of meat is the rise of fast-food restaurants.

Some scientists think the increase in the (1) of meat that people eat is going to be a (2) problem in the future because the world's population is (3) to grow from 7 billion to more than 9 billion. As meat is (4) more popular in some Asian countries, scientists say that the amount of meat we eat will keep going (5) What scientists are (6) of is that it takes a lot of water and energy to grow the crops needed to (7) farm animals. A lot of land (8) also needed to grow the food that farm animals eat, which could be used to produce crops for people to eat (9) However, other scientists say that meat may become so expensive to produce that people won't go (10) buying it.

- | | | | | |
|----|-----------|------------|--------------|------------|
| 1 | A size | B number | C amount | D total |
| 2 | A serious | B hard | C certain | D true |
| 3 | A hoped | B thought | C known | D expected |
| 4 | A moving | B becoming | C developing | D reaching |
| 5 | A up | B off | C on | D for |
| 6 | A afraid | B worried | C anxious | D upset |
| 7 | A provide | B care | C give | D feed |
| 8 | A have | B is | C was | D are |
| 9 | A instead | B besides | C already | D actually |
| 10 | A up | B off | C on | D for |

2 Work in pairs. Discuss these questions.

- 1 Do you think people will eat less meat in the future?
- 2 How often do you eat fast food?
- 3 Why do you think fast food is so popular?
- 4 What food do you usually go for when you go to a restaurant or café?

1  **25** Listen to Astrid answering the examiner's questions.

Note down one thing Astrid:

- 1 likes eating.
- 2 hates eating.
- 3 is going to do this weekend.
- 4 is thinking of doing in the future.

2 Complete the phrases Astrid uses.

- 1 I'm about cooking.
- 2 I'm always for some pasta when I get home from school.
- 3 I can't fish.
- 4 I'm really surfing.
- 5 There's I'll ever leave.

3 Put the words in the examiner's questions in the correct order.

- 1 favourite / What's / your / restaurant ?
- 2 going / to / this / are / you / do / weekend / What ?
- 3 about / something / the / plans / me / your / Tell / for / future .
- 4 enjoy / after / doing / you / school / do / What ?
- 5 like / you / cooking / Do ?

4 Match the answers with the questions in Exercise 3.

A

Oh, I haven't decided yet. I want to go to university but I don't know what I want to study. I want to travel; to see London and maybe study there.

B

I don't like making cakes. It makes too much mess and I hate washing up. But I often help my mum make dinner.

C

It depends. If the weather is nice, I might go cycling with my dad. But if it isn't, I'll stay at home and play computer games.


D

It's called Milo's. They have the best steak and chips there.

E

I like to relax at home. I watch TV, I play the piano and I chat to my friends online.

Exam task

 26 Listen to the examiner's questions. Take turns to answer with a partner.

Exam tip

Develop your answers with details, don't just give one- or two-word answers. 