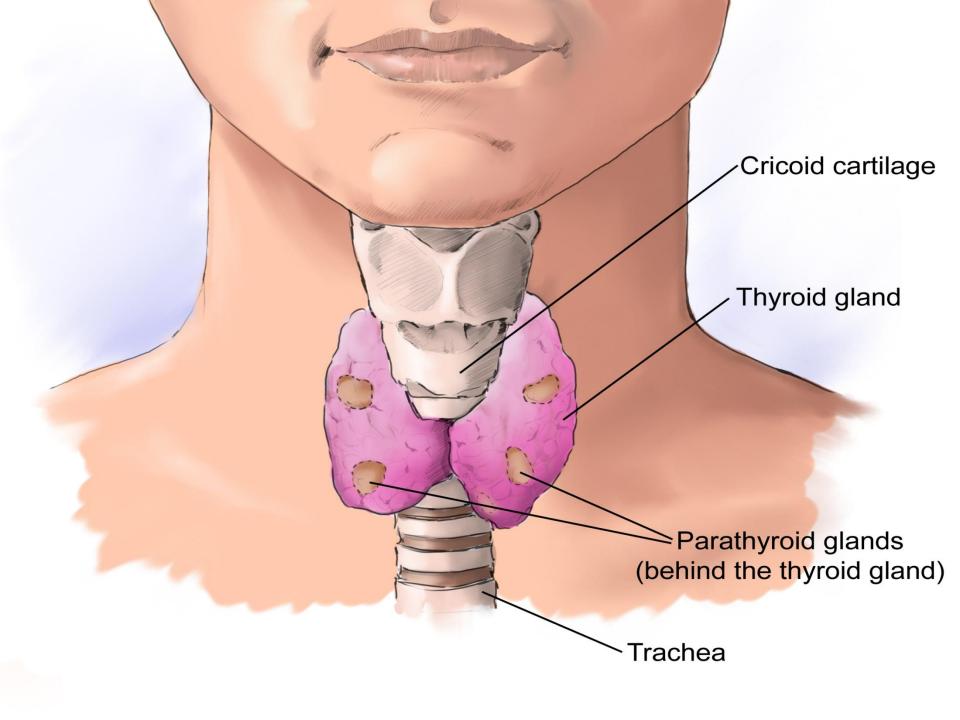
## **Thyroid Essentials**

Performed: Nadya Egizbaeva Student of the faculty Of pharmacy

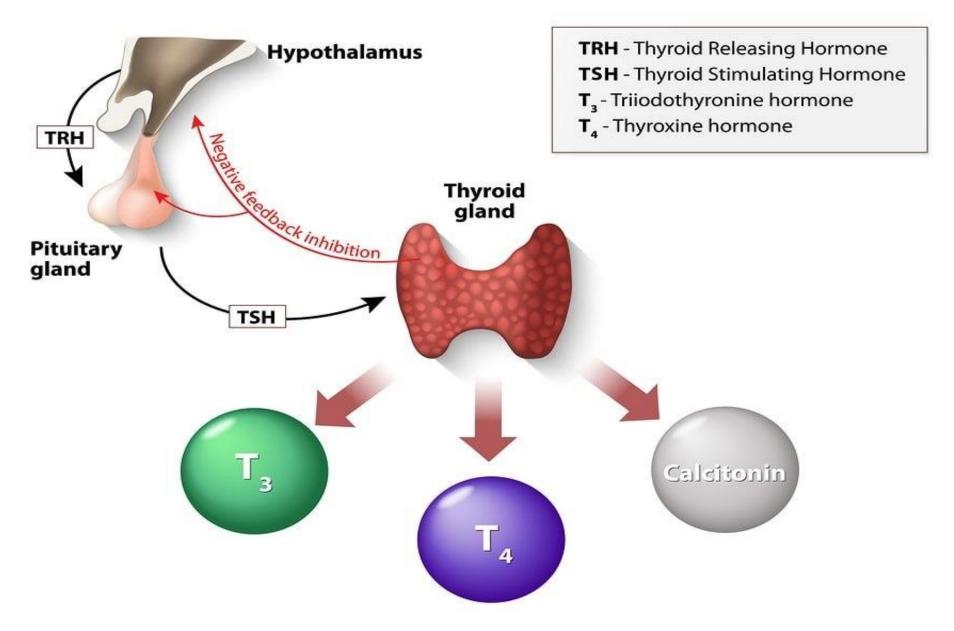


## My presentation consists of 3 parts:

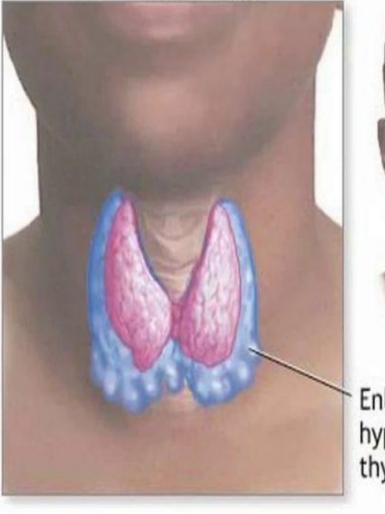
The first part is the anatomy of the thyroid;
The second part is hormones of the thyroid;
The third part is the most common diseases of the thyroid gland.



### **Thyroid gland and Thyroid Hormones**



#### Hashimoto's disease



Enlarged, inflamed hypofunctioning thyroid (goiter)

uploaded in HD @ TunesToTube.com

Hypothyroidism Hyperthyroidism

#### Symptoms:

Extreme Tiredness/Lethargy/ Lack of Stamina/Motivation Memory Loss/'Brain Fog' Depression Mood Swings Hearing Loss

Weight Gain

3pm crash

Broken Sleep

#### Signs:

Sparse Eyebrows Especially outer ends Swelling of the Face Especially around Eyes (Oedema) Changes at the back of the Eye (at Fundus Oculi) Wasting of Tongue Listless, dull to look Eyes Hoarseness

> Rapid Heart Rate with weak force of contraction Slow Thinking Slow Pulse Rate

#### Symptoms:

Protusion of one or both eyeballs (exophthalmos) Breathlessness Nervousness Difficulty Sleeping/ Insomnia Fatigue Itching

Signs:

Protruding Eyes (exophthalmos) Hair Loss Staring Gaze

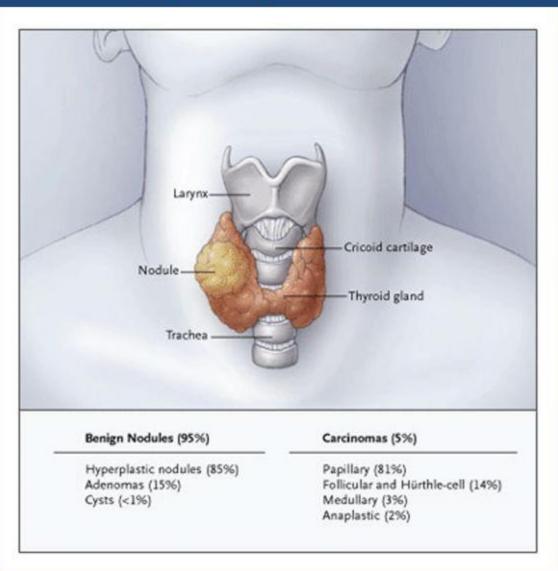
Nausea & Vomiting - Warm Moist Skin

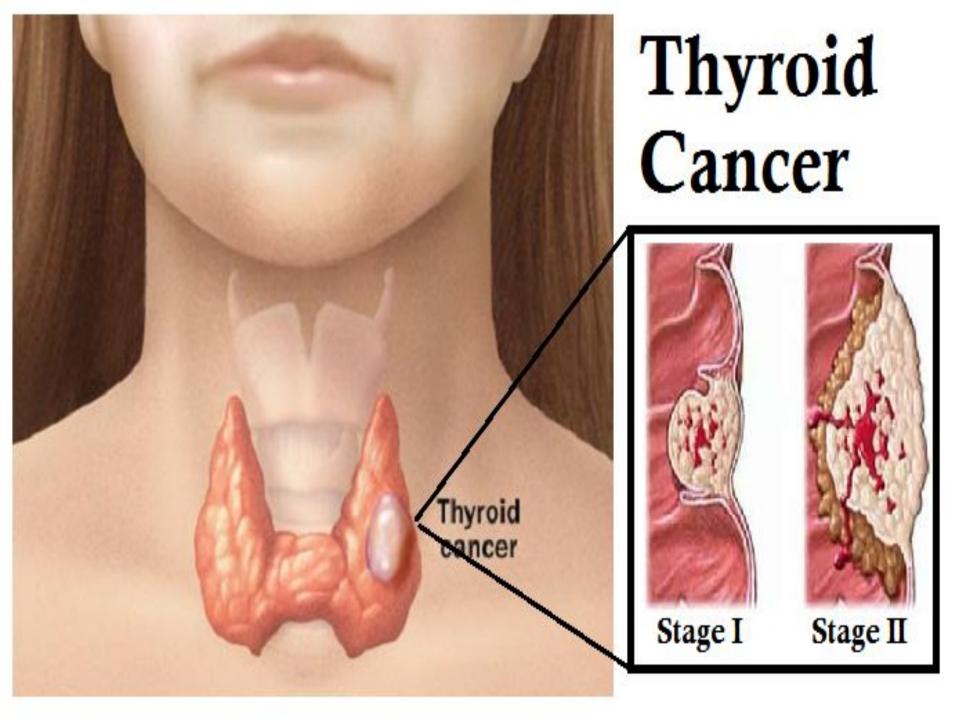
> Goitre Fast Heart

Rate

Trembling Hands

### Solitary thyroid nodules









# Thanks for your attention