



# +1 Routine

**Goal:** To increase your child's utterance from words to phrases.

- Repeat what the child says and simply add an additional word.
  - Use variation when adding a word
    - Use after they speak first

Child: "dog"

Parent: "big dog"

Child: "me down"

Parent: "put me down"

Child: "hungry"

Parent: "I'm hungry"



# 3:1 Rule

**Goal:** Decrease your questions and increase your statements

- Make 3 statements for every question that you ask
  - Build into daily routines
- Initiate activities that engage your child

## [Playing with clay dough]

### Statements:

Let's make a snake!  
I made a long snake.  
That's a great idea!

### Question:

What color should it be?



# Communication Temptations

**Goal:** Motivate your child to speak by setting up an environment that entices them.

- Create fun opportunities that they need help with
  - Wait until they communicate a need for help
- If it's too difficult for them to do on their own, it's another opportunity for them to ask again.

## [Great Activities]

Balloons  
Blowing Bubbles  
Wind-up toys  
Snacks/Drinks

## Example:

Hand your child a jar of bubbles he can't open.

Wait for them to ask for help.



# Self Talk

## Goal: Be a model of rich and diverse language

- Quality and Quantity matter!
- Can be done throughout daily routines.
- Keep your sentences at the level your child understands.

### [Driving]

**“Time to put our seatbelts on. It’s hot in here. Let’s turn on the air conditioner.”**

**“Look at all the colorful cars. I wonder where they’re going. They must have a lot of fun things to do today.”**



# Quick Tips

- 1. Be Positive:** *Don't insist that your child say every word correctly. You don't want speaking to become a negative experience.*
- 2. Be a Good Model:** *After your child attempts to speak, repeat back clearly what they meant to say. This will encourage them to improve their speech sounds to model yours.*