FOOD & COOKING

a

FOOD QUIZ

Can you think of...?

ONE red fruit, **ONE** yellow fruit, **ONE** green fruit

TWO kinds of food that some people are allergic to

THREE kinds of food that come from milk

FOUR vegetables that you can put in a salad

FIVE containers that you can buy food in

SIX things that people sometimes have for breakfast

Which word is different? Why?

beans

grapes

peach

raspberry

Which word is different? Why?

chicken

duck

lamb

salmon

Which word is different? Why?

beetroot

cabbage

pear

eggplant

Food

Which word is different? Why?

mussels

prawns

mushrooms

squid

Which word is different? Why?

pumpkin

courgette

cucumber

carrot

c Complete the sentences with the words in the box.

| fresh | frozen | low-fat | raw | spicy | takeaway | ~~tinned~~ |

1 _Tinned_ tomatoes usually last for about two years.
2 I don't feel like cooking. Let's get a _____ for dinner.
3 Are there any _____ peas in the freezer?
4 I'm not very keen on _____ fish, so I never eat sushi.
5 Hannah's on a diet, so she's bought some _____ yoghurt to have for dessert.
6 They eat a lot of _____ food in Mexico.
7 We buy _____ bread from the baker's every morning.

WHAT DO YOU THINK?

1 Men are better cooks than women.
2 Both boys and girls should learn to cook at school.
3 Cheap restaurants usually serve bad food.
4 On a night out with friends, where and what you eat isn't important.
5 Not all fast food is unhealthy.
6 Every country thinks that their cuisine is the best in the world.

🔍 **Useful language: Giving your opinion (1)**

I agree.	I'm not sure.	For example...
I don't agree.	(I think) it depends.	In my opinion...

LISTENING & SPEAKING

FOOD & EATING

1 Is there any food or drink that you couldn't live without? How often do you eat / drink it?

2 Do you ever have
   a ready-made food?
   b takeaway food? What kind?

3 What's your favourite
   a fruit?
   b vegetable?
   Are there any that you really don't like?

4 When you eat out do you normally order meat, fish, or vegetarian?

5 What food do you usually eat
   a when you're feeling a bit down?
   b before doing sport or exercise?
   c before you have an exam or some important work to do?

1 6)) Listen to five people talking. Each person is answering one of the questions in *Food & Eating* above. Match each speaker with a question.

4	Speaker A	☐ Speaker D
☐	Speaker B	☐ Speaker E
☐	Speaker C	