



**About your  
world**

# Answer

**Is there a lot of advice about lifestyle in newspapers and magazines in Russia?**

**Which opinions do you think are true?**

**I think, young people spend too much time on the Internet**

**Which opinions do you think are true?**

**I think, people who get up early are more productive**

**Which opinions do you think are true?**

**Multitasking is an essential modern skill**

# Answer

**What common beliefs do people have about lifestyle in Russia?**



# What kind of lifestyle (occupation, free-time activities) do you have?

**Key-words:** active, boring, busy, creative, dangerous, energetic, exciting, interesting, peaceful, relaxing, stressful, tiring

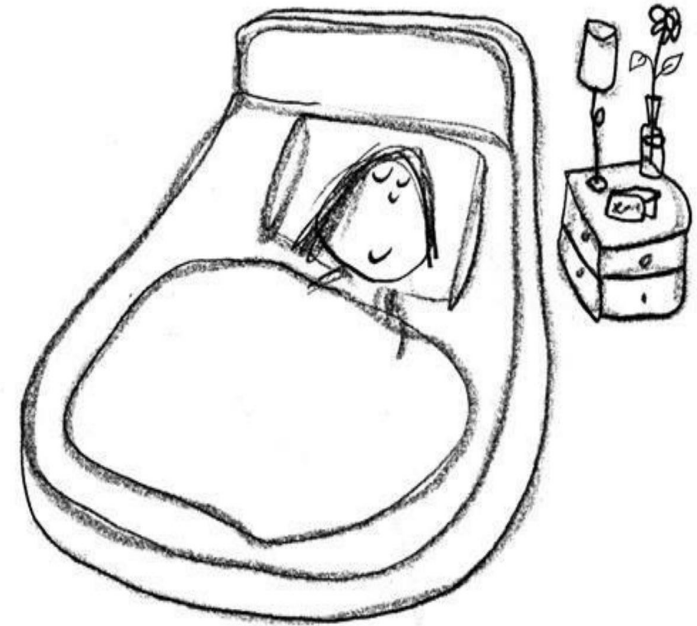
# Underline the activities in the boxes that you never do or hardly ever do

- ▶ Going to the gym
- ▶ Doing your hair
- ▶ Looking after children
- ▶ Chatting to friends
- ▶ Doing paperwork
- ▶ Tidying up
- ▶ Playing video games
- ▶ Putting on make-up
- ▶ Climbing
- ▶ Collecting tickets
- ▶ Diving
- ▶ jogging
- ▶ Hanging out with friends
- ▶ Going on social networking sites
- ▶ Commuting
- ▶ Going shopping
- ▶ Relaxing
- ▶ Doing the ironing
- ▶ Texting
- ▶ Doing nothing
- ▶ Going to football matches
- ▶ Playing chess
- ▶ Surfing the Net
- ▶ Eating fruit and vegetables



**Let's discuss the  
way you spend  
your time**

# HAPPINESS IS



*...not having to set  
the alarm for the next day.*



**Are you happy with the way  
you spend your time?**

Are these statements true or false for  
you?

I spend too much time  
sleeping

Are these statements true or false for  
you?

I don't get enough  
sleep

Are these statements true or false for  
you?

I study / work for  
too many hours

Are these statements true or false for  
you?

I don't work/study enough

**Are these statements true or false for  
you?**

**I spend a lot of time  
looking after children /  
other relatives.**

**Are these statements true or false for  
you?**

I spend a lot of time  
socializing and going out



**Are these statements true or false for  
you?**

I spend too much of my time  
on boring activities and tasks

Are these statements true or false for  
you?

I never really stop –  
I'm busy all day

Are these statements true or false for  
you?

I find time for my  
interests.

Are these statements true or false for  
you?

I'd like to have more  
time for my interests

**Are these statements true or false for  
you?**

I sometimes feel bored  
because I can't think  
of anything to do

**Are these statements true or false for  
you?**

I don't have enough  
time for certain  
important things in my life

**Are these statements true or false for  
you?**

I often put off tasks  
that I need to do

**Are these statements true or false for  
you?**

I feel stressed because  
I don't have enough  
time to do everything



Are these statements true or false for  
you?

I waste a lot of time  
on things that aren't  
useful

# Answer

Do you enjoy meeting new people?

# Answer

Do you find it easy to talk to people  
you don't know?

# Answer

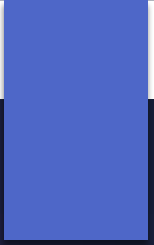
What questions can you ask someone when you have just met him/her?



**Describe the lifestyle of  
your dreams.**



**Ask your partner about  
his/her lifestyle.**



**You are going to give a  
talk about doing  
housework**

# Housework

*Clear the table*



# Housework

*Do the cleaning*

# Housework

*Do the cooking*



Housework

*Do DIY*



Housework

*Do the gardening*

# Housework

*Do the ironing*

# Housework

*Do the vacuuming*

# Housework

*Do the washing*

# Housework

*Do the washing-up*



# Housework

*Lay the table*



Housework

*Look after the children*

# Housework

*Look after the pets*

# Housework

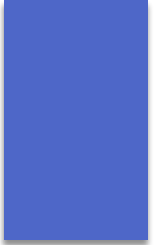
*Make the beds*

## Housework

*Tidy up the room*

**Answer**

What jobs do you do  
at home?



**"Every thing is Easy,  
When you are Crazy  
and  
Nothing is Easy  
When you are Lazy"**

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# British and American English



 apartment  
 flat



 cab  
 taxi



 can  
 tin




 candy  
 sweet



 chips  
 crisps



 closet  
 wardrobe



 cookie  
 biscuit



 corn  
 maize



 diaper  
 nappy



 drapes  
 curtains



 overalls  
 dungarees



 elevator  
 lift



 eraser  
 rubber



 fall  
 autumn



 faucet  
 tap



 flashlight  
 torch





 fries  
 chips



 garbage  
 rubbish





 gasoline  
 petrol



 highway  
 motorway



 hood  
 bonnet



 jello  
 jelly



 license plate  
 number plate



 line  
 queue





 mail  
 post



 movie  
 film



 pajamas  
 pyjamas





 pants  
 trousers



 Scotch tape  
 Sellotape




 sidewalk  
 pavement



 sneakers  
 trainers





 soccer  
 football



 stove  
 cooker



 subway  
 underground




 tire  
 tyre





 truck  
 lorry





 trunk  
 boot





 vacation  
 holiday



 vest  
 waistcoat



 windshield wiper  
 windscreen wiper



 yard  
 garden



 zipper  
 zip



**Terrific Tips for Helpers**

Children are active. They learn by doing. Give them lots of opportunities to explore and discover. Encourage them to try new things. Praise them for their efforts. Help them to learn from their mistakes. Be patient. They will learn. And they will have fun.

**Don't Forget!**

Always supervise children when they are playing. Make sure they are safe. Keep them away from dangerous things. And always be kind and gentle.



carry



come



drink



go



lead



ask



catch



cook



drive



hit



lift



bake



clap



cry



eat



hop



lock



bite



clean



cut



float



juggle



look



bounce



climb



dance



fly



jump



march



brush



close



dig



fold



kick



mix



build



color



draw



follow



knock



mop



call



comb



dream



give



laugh



open





1. get up
2. take a shower
3. brush *my*\* teeth
4. floss *my*\* teeth
5. shave
6. get dressed

7. wash *my*\* face
8. put on makeup
9. brush *my*\* hair
10. comb *my*\* hair
11. make the bed

12. get undressed
13. take a bath
14. go to bed
15. sleep

16. make breakfast
17. make lunch
18. cook/make dinner
19. eat/have breakfast
20. eat/have lunch
21. eat/have dinner

\* my, his, her, our, your, their

**Tell me about**

**FAMILY AND  
RELATIVES**

**Tell me about**

**HOW YOU  
SPEND LAST  
WEEKEND**

**Tell me about**

**THINGS YOU  
LOVE**

**Tell me about**

**THINGS YOU  
HATE**

**Tell me about**

**THINGS YOU  
OWN**

**Tell me about**

**FAMOUS  
PEOPLE  
YOU'VE MET**



**Tell me about**

**PLACES  
YOU'VE BEEN**

**Tell me about**

**YOUR  
EDUCATION/JO  
BS YOU'VE  
DONE**

**Tell me about**

**PAST  
RELATION-SH  
IPS**

**Tell me about**

**SKILLS AND  
ABILITIES YOU  
HAVE**

**Tell me about**

**ILLNESSES/  
ACCIDENTS/  
ALLERGIES  
YOU'VE HAD**

**Tell me about**

**UNUSUAL  
EXPERIENCES  
YOU'VE HAD**

## Answer

- ▶ Do you think you have a healthy life style?

# Key words and phrases





## Answer

- ▶ Do you pay much attention to what you eat?

# Answer

- ▶ Do you agree with the saying: "Eat your breakfast, share your lunch with a friend and give your dinner to your enemy"?  
Why do people say so?

# Answer

- ▶ Is obesity a great problem in where you live?

# Answer

- ▶ How do you usually cope with stress?



HEALTHY LIFESTYLE

## Answer

- ▶ Do you ever worry about your own mental health?

# Answer

- ▶ What food have you never eaten but would really like to try?

## Answer

- ▶ What's the most expensive thing you've broken?



## Answer

- ▶ What's your cure for hiccups?

## Answer

- ▶ What's the most ridiculous thing you have bought?

## Answer

- ▶ What country is the strangest?

## Answer

- ▶ What's the funniest word in the English language?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be alone for the rest of your life or always be surrounded by annoying people?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a horrible short term memory or a horrible long term memory?

## My weird questions from a strange teacher with **would rather**



- ▶ Would you rather find your true love or a suitcase with five million dollars inside?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be able to teleport anywhere or be able to read minds?



# My weird questions from a strange teacher with **would rather**



- Would you rather die in 20 years with no regrets or die in 50 years with many regrets?

## My weird questions from a strange teacher with **would rather**



- ▶ Would you rather give up bathing for a month or give up the internet for a month?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a golden voice or a silver tongue?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have constantly dry eyes or a constant runny nose?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather lose your left hand or right foot?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have a flying carpet or a car that can drive underwater?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather have all traffic lights you approach be green or never have to stand in line again?

# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather be covered in fur or covered in scales



# My weird questions from a strange teacher with **would rather**



- ▶ Would you rather live in a cave or live in a tree house?

# My deep questions from a strange teacher

- ▶ What is the best way for a person to attain happiness?

# My deep questions from a strange teacher

- ▶ Is it better for a person to have a broad knowledge base or a deep knowledge base?

# My deep questions from a strange teacher

- ▶ Is it more important to help yourself, help your family, help your society, or help the world?

# My deep questions from a strange teacher

- ▶ Is it better to be a big fish in a small pond or a small fish in a big pond?

# My deep questions from a strange teacher

- ▶ Are there limits to human creativity?

# My deep questions from a strange teacher

- ▶ Can a society exist without laws?

# My deep questions from a strange teacher

- ▶ Has the invention of the atomic bomb made the world a more peaceful place?



# My deep questions from a strange teacher

- ▶ What is a miracle that happens every day?

“

# My surprise questions

”

*IF YOU ANSWER, I'LL PUT YOU THREE PLUSES*

Let's train your English and logic

**A 62 year old woman and a 16 year  
old girl walk into a restaurant.  
A man walked past and the women  
both said, “HELLO FATHER”**

**How is this possible?**



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**Two girls were born to the same mother, on the same day, at the same time, in the same month and year and yet they're not twins.**

**How can this be?**



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**Where do you find roads without  
vehicles, forests without trees  
and cities without houses?**



СОЗДАНО В  
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